

# Prostate cancer care study

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# Reasons for study

- ❖ prevalence
- ❖ work experience
- ❖ cancer centre
- ❖ scholarship from prostate cancer support group

# Course -1

- ❖ Online course at La Trobe university (13 weeks)
- ❖ Course coordinator
- ❖ Fellow students
- ❖ Study material (CD: 13 sessions; LMS)

Anatomy and physiology of the prostate; Multidisciplinary health assessment ; Benign prostate disease ; Prostate cancer ; Psychosocial support issues; Treatment options for localised prostate cancer /advanced prostate cancer ;Promoting health in men who have prostate cancer; Complementary health care; Sexuality and prostate cancer ; Symptom management in advanced prostate cancer; Survivorship/ Dying with prostate cancer ;Prostate nursing care: role development and support services

# Course - 2

## ❖ Assessment tasks

1:population based screening for prostate cancer

2:risk of fracture in men receiving androgen deprivation therapy for prostate cancer

3:treatment options for localised prostate cancer

# My learning outcomes -1

a better understanding of PC nursing including

- ❖ pathophysiology and aetiology of prostate disease
- ❖ identify the role of the nurse in the multidisciplinary assessment and develop an understanding of the role of other health care workers in the assessment and management of prostate disorders.
- ❖ understand the dilemmas men experience when diagnosed with prostate cancer and when faced with making treatment choices
- ❖ an understanding of the impact prostate cancer has on the quality of life for men and their families

# My learning outcomes - 2

- ❖ identify appropriate sources of referral and resources for men who have prostate cancer and their families
- ❖ develop an understanding of the role of the specialist prostate care nurse and begin to recognise potential practice opportunities

# Role of prostate care nurse

- ❖ Providing support and counselling in decision making;
- ❖ Assessment of needs and quality of life
- ❖ Provision of information and resources
- ❖ Providing psychosocial support to men and their partners;
- ❖ Symptom relief and assistance with managing the side effects of treatment
- ❖ Assistance with navigating the health care system – including referral to other health care workers or other clinical nurse specialists
- ❖ Participating in a multidisciplinary care team
- ❖ Participating in research.