Prostate cancer care study

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Reasons for study

- prevalence
- work experience
- cancer centre
- scholarship from prostate cancer support group
Course -1

- Online course at La Trobe university (13 weeks)
- Course coordinator
- Fellow students
- Study material (CD: 13 sessions; LMS)

Anatomy and physiology of the prostate; Multidisciplinary health assessment; Benign prostate disease; Prostate cancer; Psychosocial support issues; Treatment options for localised prostate cancer /advanced prostate cancer; Promoting health in men who have prostate cancer; Complementary health care; Sexuality and prostate cancer; Symptom management in advanced prostate cancer; Survivorship/ Dying with prostate cancer; Prostate nursing care: role development and support services
Course - 2

- Assessment tasks
  1: population based screening for prostate cancer
  2: risk of fracture in men receiving androgen deprivation therapy for prostate cancer
  3: treatment options for localised prostate cancer
My learning outcomes -1

a better understanding of PC nursing including

- pathophysiology and aetiology of prostate disease
- identify the role of the nurse in the multidisciplinary assessment and develop an understanding of the role of other health care workers in the assessment and management of prostate disorders.
- understand the dilemmas men experience when diagnosed with prostate cancer and when faced with making treatment choices
- an understanding of the impact prostate cancer has on the quality of life for men and their families
My learning outcomes - 2

- identify appropriate sources of referral and resources for men who have prostate cancer and their families
- develop an understanding of the role of the specialist prostate care nurse and begin to recognise potential practice opportunities
Role of prostate care nurse

- Providing support and counselling in decision making;
- Assessment of needs and quality of life
- Provision of information and resources
- Providing psychosocial support to men and their partners;
- Symptom relief and assistance with managing the side effects of treatment
- Assistance with navigating the health care system – including referral to other health care workers or other clinical nurse specialists
- Participating in a multidisciplinary care team
- Participating in research.